



About Aptos

As the original inventor of the suspension thread, Aptos leads the way in non-surgical thread lifting, offering innovative solutions for rejuvenation, and achieving a more youthful appearance with minimal invasiveness. With over 26 years of experience at the forefront, Aptos specializes in the use of specially designed barbed threads meticulously inserted into soft tissue layers of face and body to lift and tighten the skin. This approach not only stimulates collagen production but also enhances various aspects of skin appearance. Aptos threads, crafted from materials similar to conventional dissolvable sutures, are renowned for their quality and biocompatibility.



 [aptos.global](https://www.aptos.global)

APTOS

THREAD LIFTING METHODS



**INFORMATION
FOR PATIENTS**

Frequently Asked Questions

What is an Aptos thread lift, and what can it achieve?

An Aptos thread lift is a non-surgical, minimally invasive procedure that provides an immediate lift, tightens saggy skin, smoothens wrinkles, and enhances skin tone, texture, and color. It stimulates collagen production and offers natural, long-lasting results that are visible immediately and can continue to improve over many months.

How does a thread lift work?

Thin cannulas with preloaded threads are gently inserted into the soft tissue to lift the skin without cutting or scarring. These absorbable threads dissolve within 18-24 months, creating collagen scaffolding for long-lasting lift and improved skin quality.

Are Aptos threads different from other threads?

As leader in the thread lifting field, Aptos offers a wide range of lifting threads. Aptos-accredited Doctors are specifically trained in using Aptos threads, ensuring the best possible outcomes. Aptos threads are distinguished by their quality and unique composition with Hyaluronic Acid, stimulating collagen and elastin, and providing a long-lasting lifting effect.

What sets Aptos apart as a premium thread lift option?

Aptos focuses on providing safe and effective threads and treatment methods, including Hyaluronic Acid in the thread composition, ensuring a longer-lasting lift and rejuvenation. Aptos threads are of the highest quality and provide a safe, biocompatible solution with an anti-inflammatory reaction, making Aptos a premium brand with a focus on quality and safety.

What are the advantages of choosing Aptos for a thread lift?

Aptos thread lifts offer a double action effect, combining an immediate lift with a prolonged rejuvenation effect by promoting collagen restoration. There's no scarring, minimal recovery period, and the procedure takes only 30-45 minutes, with results that last up to 2 years.

What is the recovery process after an Aptos thread lift, and are there any possible side effects?

After an Aptos thread lift, the recovery process typically involves minimal downtime. Most patients can resume their normal social activities within a few days. It's common to experience some local discomfort, light pain, or occasional bruising and swelling, but these effects are manageable. Oral analgesics can help alleviate any discomfort. It's recommended to use cold compresses for the first 2 hours after the procedure to reduce swelling. The doctor will provide guidance on post-procedure care to ensure a smooth and comfortable recovery.

Can an Aptos thread lift be combined with other cosmetic procedures?

Yes, Aptos thread lifts can be combined with other treatments like Botulinum toxin, dermal fillers, and laser therapy for enhanced and long-lasting results. The timing of combined procedures can be discussed with the doctor.

What is the cost of an Aptos thread lift, and is it typically covered by insurance?

The cost of an Aptos thread lift can vary depending on the specific treatment area, the number of threads used, and the location of the clinic. Patients are advised to consult with their doctor or clinic for precise pricing information. Generally, thread lift procedures are considered elective and cosmetic, so they are typically not covered by health insurance. In exceptional cases where medical necessity is established, patients are advised to consult their insurance provider.

Are there any special post-procedure care instructions or activity restrictions after an Aptos thread lift?

After an Aptos thread lift, patients are usually advised to avoid strenuous physical activities for a short period, typically a few days to a week, to minimize the risk of discomfort or complications. It's important for patients to follow the specific post-procedure care instructions provided by their doctor, including any recommendations for skincare or the use of cold compresses. The doctor will offer guidance tailored to the individual patient's needs and the areas treated.

What areas can be treated with an Aptos thread lift?

Aptos thread lift is versatile and can address various areas, including sagging cheeks, brows, marionette lines, nasolabial folds, lips, neck, and more. It can also correct asymmetry and reduce fine lines and wrinkles.

Brows

Nose

Lips

Cheeks

Jawline

Neck

